

Figure Skating Progression

1 Learn to Skate USA

SNOWPLOW SAM 1-4

- ◇ Ages 3-5
- ◇ No Experience
- ◇ Helmets Required

BASIC 1-4

- ◇ Ages 6 & Up (age may vary)
- ◇ No Experience

4 FREESTYLE

- ◇ All level of skaters
- ◇ Skaters allowed to practice
- ◇ Private or semi-private lessons take place during freestyle sessions

2 Intermediate Program

ASPIRE (Prerequisite Basic 4 in Learn to Skate USA)

*Strongly recommend to purchase personal skates at this point

- ◇ Basic 5 - Free Skate 3

SKATING ACADEMY

- ◇ No Test - Pre-Juvenile
- ◇ Level based on USFS Moves in the Field Test

5 PRIVATE Lessons

- ◇ Call skating director for more information
- ◇ Discuss goals that the skater may have
- ◇ Determine if skater wants to skate recreationally or competitively.

3 Elite Skating Academy

- ◇ JUVENILE - SENIOR
- ◇ Level based on USFS Moves in the Field Test

* Extended Skating Opportunities

- ◇ Local, Regional, Sectional Competitions
- ◇ International Competitions & "Team USA"
- ◇ Collegiate Skating
- ◇ Adult Skating
- ◇ Professional Skating
 - ◇ Disney On Ice
 - ◇ Holiday On Ice
 - ◇ Cirque du Soleil